

ABSTRACT OF THE DISCLOSURE

In a record and playback apparatus which codes information and records the information which is coded in a recording medium, the record and
5 playback apparatus stores, in a predetermined management area provided in the recording medium, management information including at least one of time information (14b) on a time when the
10 information is coded, index information (14c) which can be assigned to a recording unit, and a backward pointer (14d) for connecting recording units in a backward direction.